

RETREAT IN GREECE 24 - 28 AUGUST 2018



<https://www.youtube.com/watch?v=SeHYaP8aKkE>

The Circle of Love In London



www.elenimandani.com | eleni@elenimandani.com

Chalkidiki—Sithonia
Porto Carras Resort

www.elenimandani.com
eleni@elenimandani.com

www.meetup.com/The-Circle-of-Love-in-London



DESTINATION

Chalkidiki, Sithonia
Porto Carras Resort,
Neos Marmaras
Greece



AIRPORT

Makedonia, Thessaloniki, SKG

HOTEL

Porto Carras Meliton,
Neos Marmaras 630 81,
Chalkidiki

DISTANCE FROM AIRPORT

112.6 km

1 hour and 30 minutes

5 Days, 4 Nights Retreat in Greece

DESTINATION

Sithonia is the central Chalkidiki's peninsula, the second finger, located in Northern Greece. Sithonia is a very beautiful destination with stunning natural beauty, pine forests, almost 100 beaches, most of them having perfect white sand and some of the clearest waters in the world.



Porto Carras Grand Resort covers an area of 9 km coastline, with Blue-Flag gorgeous awarded beaches, crystal clear azure blue waters, 1,763 hectares of forests of pine, oak, fir and chestnut trees, 5* hotels with 14 restaurants, 4 bars and lounges, 3 pool and beach bars, wellness, thalassotherapy & spa centres, sea sports, marina, 18-hole golf course, horse riding centre, and vineyard.





HB 5* Accommodation

PORTO CARRAS MELITON

- 24h Reception / Front Desk
- 24-hour Room Service
- Concierge Services
- Currency Exchange
- Free Wi-Fi
- Multilingual Staff
- Disabled Friendly Rooms
- Mini Kids Club and Teenager Club
- 2 playgrounds and Kids Pool
- Entertainment-Animation Program
- Babysitting upon request at a charge
- Doctor upon request at a charge
- 6 Bars on site
- 6 Restaurants on site
- Bowling Food & Drinks
- 2 Outdoor & 2 Indoor Pools (adults only)
- Thalassotherapy & SPA Center
- Gym & Fitness Center
- Beach Library
- Car and Bicycle Rental
- On-site boutiques, mini market, gift shop
- Open-air cinema
- Beach Sunbeds & Umbrellas
- Check in 2:00 pm, Check out 12:00 pm

DELUXE ROOMS

Accommodation in Porto Carras Meliton 5* Hotel in double/twin deluxe rooms with majestic views of the sea, the marina or the golf area.



BREAKFAST & DINNER

Buffet Breakfast and Dinner is included

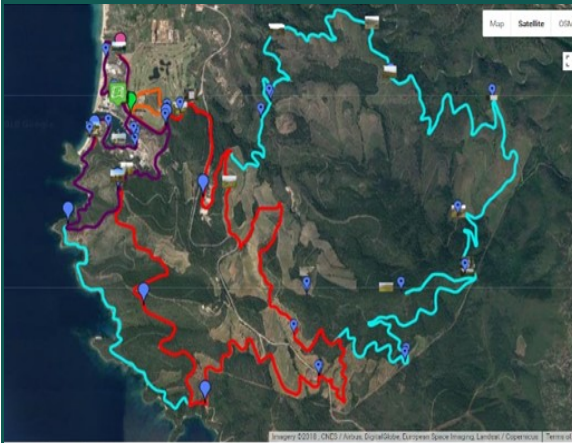
The dishes are based on the Greek cuisine and the Mediterranean diet with international highlights, lush flavours from the Sithonia countryside and finest quality local ingredients such as the renowned Greek olive oil.

Additionally, Porto Carras Meliton Hotel offers a variety of food and beverage self-service, a la carte and buffet choices in the restaurants, pool and beach bars within the hotel and by the Marina at an extra charge.





The hills surrounding the resort with the forests of pine, oak, fir and chestnut trees offer excellent walking, trekking and jogging routes, with special signalling and marvellous view. Here you can feel the pure air refreshing every cell in your body. There are various routes for running and walking, of various levels of difficulty and for different stamina that are addressed to a large spectrum of ages and capacities.



Connect with Nature

The endless beach of Porto Carras Resort, including 25 secluded pristine coves, awarded each year with the International mark of the Blue Flag, offers amazing unorganised and organised beaches with sunbeds and umbrellas where you can swim in crystal waters, sunbathe under the warm sun and do water sports at a charge.



Porto Carras Resort offers also several water sports (snorkelling, scuba diving, water-skiing, windsurfing, canoeing, sailing), as well as numerous outdoor activities from golf, horse riding to tennis, to basketball, beach volley, football, soccer 5X5, cycling, and mountain bike, at a charge.

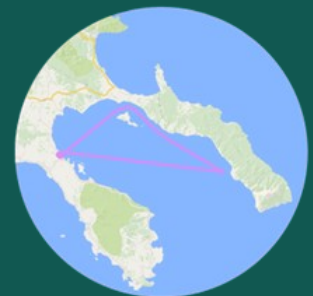




SWIMMING IN AMMOULIANI ISLAND



Our cruise to Mount Athos departs from Ormos Panagias Port with the boat sailing on the shores of Sithonia in the direction of Mount Athos. During the whole cruise, we get an audio tour in English about the history of Mount Athos. The cruise goes on until we reach Ouranoupolis village and the exotic Ammouliani island, where we anchor for 2 hours to swim in its gorgeous crystal waters. Before we return back to Ormos Panagias Port, traditional Greek lunch is offered on the boat.



CRUISE TO MOUNT ATHOS

Mount Athos or Holy Mountain is the third finger, peninsula of Chalkidiki. It is an autonomous polity within the Greek Republic and the home to 20 monasteries.

Mount Athos has been inhabited since ancient times and is known for its nearly 1,800-year continuous Christian presence and its long historical monastic traditions, which date back to at least 800 A.D. and the Byzantine era. Today, over 2,000 monks from Greece and many other countries, including Eastern Orthodox countries live an ascetic life in Athos, isolated from the rest of the world. The Athonite monasteries feature a rich collection of well-preserved artifacts, rare books, ancient documents, and artworks of immense historical value, and Mount Athos has been listed as a World Heritage Site since 1988.

The free movement of people and goods in its territory is prohibited, unless formal permission is granted by the Monastic State's authorities, and only males are allowed to enter.

YOGA ON THE BEACH

We start our day, by stretching and energising our body practicing yoga on the beach surrounded by the amazing nature. We reconnect our mind, body and spirit with the beauty of stunning nature, breathing in the fresh morning air. We hear the waves and feel the sun as we experience the power and serenity of a beach yoga class.
(2 classes)



MEDITATION

Guided meditations; connecting with our Divine Blueprint, anchoring the light, grounding ourselves, sharing love, and realising what doesn't serve us anymore.

REIKI SHARE

Sharing Reiki and experiencing the Universal Energy of Love



Connect with Yourself

FULL MOON—HEALING WITH THE ARCHANGELS

Basking the energies of the Full Moon we will experience the empowering, magical connection with the Angelic Realms. We will discover our divinity, receive healing, support and guidance from Archangel Michael, Archangel Rafael, Archangel Metatron and Archangel Gabriel



Quantum Healing
Hypnosis Technique

QHHT GROUP REGRESSION

I will navigate you through the experiences of your Soul. This wonderful journey takes place through visualization and your Higher Self lovingly leading you to the most relevant past, future or parallel experience of your soul, that has the information, the answers, that are very helpful to your current life and to your personal growth.



RETREAT 5 DAYS, 4 NIGHTS CHALKIDIKI, GREECE

Includes

- Accommodation in twin/double deluxe room, 5* Hotel
- Half Board per person (Breakfast & Dinner)
- Transfer from/ to Airport Makedonia, Thessaloniki, SKG
- Transfer from/ to Ormos Panagias Port
- Meditations - Reiki Shares
- Healing with the Archangels
- QHHT Group Regression
- Yoga on the beach (2 classes)
- Hiking – Walking
- Cruise to Mount Athos & visit to Ammouliani island for swim + lunch on the boat
- Train Tour to Neos Marmaras town

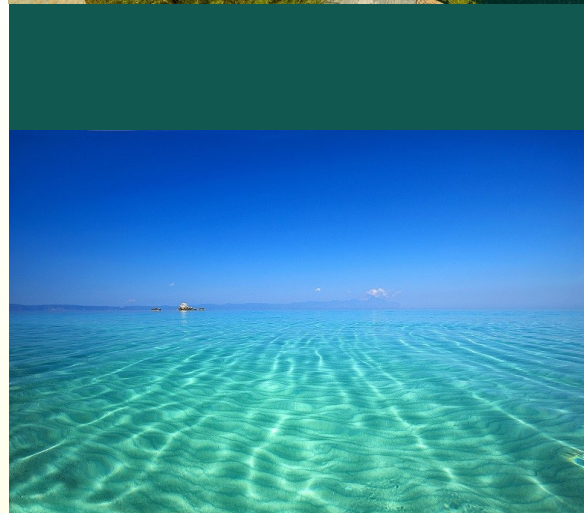
It doesn't include

- Flight Fares
- Train Tour Fares to Neos Marmaras town
- Travel Insurance

Terms & Conditions

- Group of minimum 22 to maximum 30 people
- The hotel offers only double rooms
- Single use is available upon request with an extra charge
- Family rooms are also available upon request with an extra charge
- Transfer from/to Airport by bus at specific preschedule given time is included.
- Transfers at any other time will be arranged individually at a charge
- Prices are based on currency rates of exchange in effect at the time of printing (end of May 2018)
- The Retreat's itinerary is based on hotel/cruise/tour/transfer policies, schedules and operational conditions at the time of printing.
- Prices are subject to change due to currency fluctuation, and/or unforeseen economic circumstances
- £300 deposit is required to secure your participation and full payment by 31st of July 2018

Price: £590/ person



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